



Sudden Impact Volleyball Club

~ Summer SKILLS CLINICS 2018 ~

Website:
sivbc.org

Location: I-90 Volleyball Center, 13405 SE 30th Street, Suite 1-B, Bellevue 98005

~ All Clinics: \$100 Per Session ~

Each session includes a total of 4.5 hours of instruction (1.5 hours on each day of the clinic) Space Limited to Maximum of 28 Players Per Session – REGISTER EARLY! Players will be divided on 2 courts by skill level.

Please contact greg@sivbc.org if you have questions.

Clinic 1 (July 25-27) - Players entering 7th-12th Grades in Fall 2018

Cost: \$100

| | |
|----------------|-------------------------------------|
| 1-A 10-11:30am | <u>Serve / Serve Receive Clinic</u> |
| 1-B 12-1:30pm | <u>Defense Clinic</u> |
| 1-C 2-3:30pm | <u>Hitting Clinic</u> |
| 1-D 4-5:30pm | <u>Serve / Serve Receive Clinic</u> |

Clinic 2 (August 6-8) - Players entering 7th-12th Grades in Fall 2018

Cost: \$100

| | |
|----------------|-------------------------------------|
| 2-E 11-12:30pm | <u>Hitting Clinic</u> |
| 2-A 1-2:30pm | <u>Setting Clinic</u> |
| 2-B 3-4:30pm | <u>Hitting Clinic</u> |
| 2-C 5-6:30pm | <u>Defense Clinic</u> |
| 2-D 7-8:30pm | <u>Serve / Serve Receive Clinic</u> |

Clinic 3 (August 13-15) - Players entering 7th-12th Grades in Fall 2018

Cost: \$100

| | |
|----------------|-------------------------------------|
| 3-A 10-11:30am | <u>Serve / Serve Receive Clinic</u> |
| 3-B 12-1:30pm | <u>Defense Clinic</u> |
| 3-C 2-3:30pm | <u>Hitting Clinic</u> |
| 3-D 4-5:30pm | <u>Serve / Serve Receive Clinic</u> |
| 3-E 6-7:30pm | <u>Hitting Clinic</u> |

Clinic 4 (August 16-18) - Players entering 7th-12th Grades in Fall 2018

Cost: \$100

| | |
|----------------|-------------------------------------|
| 4-A 10-11:30am | <u>Setting Clinic</u> |
| 4-B 12-1:30pm | <u>Hitting Clinic</u> |
| 4-C 2-3:30pm | <u>Defense Clinic</u> |
| 4-D 4-5:30pm | <u>Serve / Serve Receive Clinic</u> |

Clinic Descriptions:

Setting Clinic - Gain an understanding of a setter's footwork patterns and the different set tempos and placements.

Defense Clinic - Learn the principles and keys to defense and the 8 different types of digs. Learn how to move and respond to different situations.

Serve / Serve Receive Clinic - Learn the principles and keys to passing and serving while developing the ability to understand angles and perform more than one type of serve.

Hitting Clinic - Gain an understanding of the hitters approach footwork and movement patterns while developing your arm swing and shot selection.

Register on line at www.sivbc.org
Registration Opens April 14th!

Refund Policy: A full refund, minus a \$25 administrative fee, will be issued for emailed cancellations to info@sivbc.org that are received at least 14 days prior to the first day of the camp and/or clinic.