

# Mid-Winter 2026 Blended Training Blocks

*Designed for indoor players that want to train on the beach but cannot commit to a full beach season. Sign up for one or all sessions. No beach experience required!*

- **Registration**
  - Online registration opens Friday, January 16<sup>th</sup> 9:00am
- **Session Length & Schedule**
  - Duration: 8 weeks
  - **Frequency:** Once per week
  - **Days Offered:**
    - Mondays 6<sup>th</sup>-8<sup>th</sup> Grade & 9<sup>th</sup>-12<sup>th</sup> Grade
    - Wednesdays 9<sup>th</sup>-12<sup>th</sup> Grade

<b>Block 5: Mondays – March 2<sup>nd</sup> – April 20<sup>th</sup></b>	<b>Program Cost: \$300</b>
--	----------------------------

<b>7:30-9:30pm</b>	<b>6<sup>th</sup>-8<sup>th</sup> Grade (maximum of 16 player)</b>
--------------------	---

<b>Block 6: Mondays – March 2<sup>nd</sup> – April 20<sup>th</sup></b>	<b>Program Cost: \$300</b>
--	----------------------------

<b>7:30-9:30pm</b>	<b>9<sup>th</sup>-12<sup>th</sup> Grade (maximum of 8 players)</b>
--------------------	--

<b>Block 7: Wednesdays – March 4<sup>th</sup> – April 22<sup>nd</sup></b>	<b>Program Cost: \$400</b>
---	----------------------------

<b>7:30-9:30pm</b>	<b>9<sup>th</sup>-12<sup>th</sup> Grade (maximum of 24 players)</b>
--------------------	---

- **What is included in Fee**
  - 2 hours of play per session
  - Taught by SIVBC Beach coaches at Sudden Impact Beach
    - 13425 SE 30<sup>th</sup> St., Suite 2-B, Bellevue WA 98005

Questions? Email [Steve@sivbc.org](mailto:Steve@sivbc.org)

Sudden Impact Volleyball Club is a non-profit 501(c)(3) corporation registered in the State of Washington  
**Refund Policy:** A full refund, minus a \$25 administrative fee, will be issued for emailed cancellations to [info@sivbc.org](mailto:info@sivbc.org) that are received at least 21 calendar days prior to the first play date.