



Mid-Winter 2026 Blended Training Blocks

Designed for indoor players that want to train on the beach but cannot commit to a full beach season. Sign up for one or all sessions. No beach experience required!

- **Registration**

- Online registration opens Friday, January 16th 9:00am

- **Session Length & Schedule**

- Duration: 8 weeks
 - **Frequency:** Once per week
 - **Days Offered:**
 - Mondays 6th-8th Grade & 9th-12th Grade
 - Wednesdays 9th-12th Grade

Block 5: Mondays – March 2nd – April 20th	Program Cost: \$300
7:30-9:30pm	6th-8th Grade (maximum of 16 player)

Block 6: Mondays – March 2nd – April 20th	Program Cost: \$300
7:30-9:30pm	9th-12th Grade (maximum of 8 players)

Block 7: Wednesdays – March 4th – April 22nd	Program Cost: \$400
7:30-9:30pm	9th-12th Grade (maximum of 24 players)

- **What is included in Fee**

- 2 hours of play per session
 - Taught by SIVBC Beach coaches at Sudden Impact Beach
 - 13425 SE 30th St., Suite 2-B, Bellevue WA 98005

Questions? Email Steve@sivbc.org

Sudden Impact Volleyball Club is a non-profit 501(c)(3) corporation registered in the State of Washington
Refund Policy: A full refund, minus a \$25 administrative fee, will be issued for emailed cancellations to info@sivbc.org that are received at least 21 calendar days prior to the first play date.