

# Mid-Winter 2026 Blended Training Blocks

*Designed for indoor players that want to train on the beach but cannot commit to a full beach season. No beach experience required!*

- **Registration**

- Online registration opens Friday, January 16<sup>th</sup> 9:00am

- **Session Length & Schedule**

- Duration: 8 weeks
- **Frequency:** Once per week
- **Days Offered:**
  - Mondays 6<sup>th</sup>-8<sup>th</sup> Grade
  - Wednesdays 9<sup>th</sup>-12<sup>th</sup> Grade

<b>Block 5: Mondays – March 2<sup>nd</sup> – April 20<sup>th</sup></b>	<b>Program Cost: \$400</b>
<b>7:30-9:30pm</b>	<b>6<sup>th</sup>-8<sup>th</sup> Grade (maximum of 24 player)</b>

<b>Block 6: Wednesdays – March 4<sup>th</sup> – April 22<sup>nd</sup></b>	<b>Program Cost: \$400</b>
<b>7:30-9:30pm</b>	<b>9<sup>th</sup>-12<sup>th</sup> Grade (maximum of 24 players)</b>

- **What is included in Fee**

- 2 hours of play per session
- Taught by SIVBC Beach coaches at Sudden Impact Beach
  - 13425 SE 30<sup>th</sup> St., Suite 2-B, Bellevue WA 98005

Questions? Email [Steve@sivbc.org](mailto:Steve@sivbc.org)