



# Sudden Impact Beach Volleyball

## Fall Skills Clinics 2024

**Location:** Sudden Impact Beach, 13425 SE 30<sup>th</sup> Street, Suite 2-B, Bellevue 98005

Session includes a total of 2 hours of instruction - space limited to Maximum of 20 Players Per Session – REGISTER EARLY! Players will be divided on 2 courts by skill level.

Please contact [steve@sivbc.org](mailto:steve@sivbc.org) if you have any questions

<b>Clinic 1- Thursday (Sept 12<sup>th</sup>) Girls and Boys - Beginner/Intermediate Level</b>		<b>Cost: \$60/Clinic</b>
1-A	4:30-6:30pm	Serve/Serve Receive Clinic
1-B	6:45-8:45pm	Setting/Hitting Clinic

<b>Clinic 2- Thursday (Sept 19<sup>th</sup>) Adults (Beginner/Intermediate Level)</b>		<b>Cost: \$60/Clinic</b>
2-A	5:30-7:30pm	Serve/Server Receive and Setting Clinic
2-B	7:45-9:45pm	Setting, Hitting and Defense Clinic

<b>Clinic 3- Thursday (Sept 26<sup>th</sup>) Girls and Boys - Intermediate/Advanced Level</b>		<b>Cost: \$60/Clinic</b>
3-A	4:30-6:30pm	Serve/Serve Receive and Hitting Clinic
3-B	6:45-8:45pm	Setting, Hitting and Defense Clinic

<b>Clinic 4- Thursdays (October 10<sup>th</sup>) Girls and Boys - Beginner/Intermediate Level</b>		<b>Cost: \$60/Clinic</b>
4-A	4:30-6:30pm	Serve/Serve Receive Clinic
4-B	6:45-8:45pm	Setting/Hitting Clinic

<b>Clinic 5- Thursday (October 17<sup>th</sup>) Adults - Beginner/Intermediate Level</b>		<b>Cost: \$60/Clinic</b>
5-A	5:30-7:30pm	Serve/Server Receive and Setting Clinic
5-B	7:45-9:45pm	Setting, Hitting and Defense Clinic

<b>Clinic 6 Thursday (October 24<sup>th</sup>) Girls and Boys - Intermediate/Advanced Level</b>		<b>Cost: \$60/Clinic</b>
6-A	4:30-6:30pm	Serve/Serve Receive and Hitting Clinic
6-B	6:45-8:45pm	Setting, Hitting and Defense Clinic

### Clinic Descriptions:

**Setting Clinic** – Learn principles & keys to beach setting & gain an understanding of a setter’s footwork patterns, handwork, & the different set tempos and placements.

**Defense Clinic** - Learn principles & keys to defense. Learn how to move & respond to different situations.

**Serve/Serve Receive Clinic** - Learn principles & keys to passing & serving while developing angles & perform multiple types of serves.

**Hitting Clinic** - Gain an understanding of approach footwork & movement patterns while developing arm swing & shot selection.

**Beginner** – First timers on the beach – Learn general skills in a 1 session clinic.

**Intermediate** – 2 years of beach tournament or two years of indoor experience. Get better at general skills as well as learn some game strategies in a 1 session clinic.

**Advanced** - 3 years of beach tournament experience or three years of indoor club experience. Get better at the general skills, learn game strategy as well as learn to see the game at a higher level in a 1 session clinic.

**Register on-line at [www.sivbc.org](http://www.sivbc.org)**

**Refund Policy:** A full refund, minus a \$25 administrative fee, will be issued for emailed cancellations to [info@sivbc.org](mailto:info@sivbc.org) that are received at least 21 calendar days prior to the first day of the camp/clinic.