

# Sudden Impact Beach

13425 SE 30<sup>th</sup> ST., Suite 2-B, Bellevue, WA 98005

## Blended Training Blocks

(January/February 2025)

What is a Blended Training Block? A program designed for indoor players that want to also train on the beach but can't commit to a full beach season. Sign up for one or all sessions

### Athletes from all indoor clubs are welcome!

- 5 different sessions to choose from
- 2-hour sessions each week
- Coached by Sudden Impact Beach coaches
- All skills will be taught
- **NO** beach experience required!
- Players will be divided by skill level

Space is limited - REGISTER EARLY!

Please contact [steve@sivbc.org](mailto:steve@sivbc.org) if you have any questions

<b>Block 1 – Tuesdays, Jan 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup>, Feb 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup> and 25<sup>th</sup></b>	<b>Cost \$400</b>
7:00-9:00pm                      6 <sup>th</sup> grade – 8 <sup>th</sup> grade	(Limited to 8 Players)
<b>Block 2 – Wednesdays, Jan 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup>, Feb 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> and 26<sup>th</sup></b>	<b>Cost \$400</b>
5:00-7:00pm                      9 <sup>th</sup> grade – 12 <sup>th</sup> grade	(Limited to 24 Players)
<b>Block 3 – Wednesdays, Jan 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup>, Feb 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> and 26<sup>th</sup></b>	<b>Cost \$400</b>
7:00-9:00pm                      9 <sup>th</sup> grade – 12 <sup>th</sup> grade	(Limited to 24 Players)
<b>Block 4 – Thursdays, Jan 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup>, Feb 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> and 27<sup>th</sup></b>	<b>Cost \$400</b>
7:00-9:00pm                      6 <sup>th</sup> grade – 8 <sup>th</sup> grade	(Limited to 8 Players)
<b>Block 5 – Sundays, Jan 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>, Feb 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup> and 23<sup>rd</sup></b>	<b>Cost \$400</b>
3:00-5:00pm                      6 <sup>th</sup> grade – 8 <sup>th</sup> grade	(Limited to 8 Players)

[Register on-line at www.sivbc.org](http://www.sivbc.org)

Refund Policy: A full refund, minus a \$25 administrative fee, will be issued for emailed cancellations to [info@sivbc.org](mailto:info@sivbc.org) that are received at least 21 calendar days prior to the first day of the camp and/or clinic.