



Sudden Impact Volleyball Club

~ Summer SKILLS CLINICS 2025 ~

Website:
www.sivbc.org

Location: I-90 Volleyball Center, 13405 SE 30th Street, Suite 1-B, Bellevue 98005

Each Clinic includes 4 separate sessions. Each session includes a total of 4.5 hours of instruction (i.e. 1.5 hrs/day x 3 days = 4.5 hrs) - space limited to Maximum of 36 Players per session – register for 1 or more sessions. We DO NOT recommend players sign up for all 4 sessions in a clinic. REGISTER EARLY! These clinics are NOT for players new to volleyball. Players will be divided on 2 courts by skill level. Please contact sherrie@sivbc.org if you have questions.

Clinic 1 (July 7-9) - Players entering 7th-10th Grades in Fall 2025

Cost: \$175/Session

- 1-A 9:30-11:00am Serve / Serve Receive Clinic
- 1-B 11:30-1:00pm Defense Clinic
- 1-C 2:00-3:30pm Hitting Clinic
- 1-D 4:00-5:30pm Setting Clinic

Clinic 2 (July 10-12) - Players entering 9th-12th Grades in Fall 2025

Cost: \$175/Session

- 2-A 9:30-11:00am Setting Clinic
- 2-B 11:30am-1:00pm Defense Clinic
- 2-C 2:00-3:30pm Hitting Clinic
- 2-D 4:00-5:30pm Serve / Serve Receive Clinic

Clinic 3 (July 14-16) - Players entering 7th-10th Grades in Fall 2025

Cost: \$175/Session

- 3-A 9:30am-11:00am Setting Clinic
- 3-B 11:30am-1:00pm Hitting Clinic
- 3-C 2:00-3:30pm Defense Clinic
- 3-D 4:00-5:30pm Serve / Serve Receive Clinic

Clinic 4 (July 17-19) - Players entering 9th-12th Grades in Fall 2025

Cost: \$175/Session

- 4-A 9:30am-11:00am Serve / Serve Receive Clinic
- 4-B 11:30am-1:00pm Hitting Clinic
- 4-C 2:00-3:30pm Defense Clinic
- 4-D 4:00-5:30pm Serve / Serve Receive Clinic

Clinic 5 (August 11-13) - Players entering 7th-10th Grades in Fall 2025

Cost: \$175/Session

- 5-A 9:30-11:00am Setting Clinic
- 5-B 11:30am-1:00pm Hitting Clinic
- 5-C 2:00-3:30pm Defense Clinic
- 5-D 4:00-5:30pm Serve / Serve Receive Clinic

Clinic 6 (Aug 14-16) - Players entering 9th-12th Grades in Fall 2025

Cost: \$175/Session

- 6-A 9:30-11:00am Serve / Serve Receive Clinic
- 6-B 11:30am-1:00pm Defense Clinic
- 6-C 2:00-3:30pm Hitting Clinic
- 6-D 4:00-5:30pm Setting Clinic

Clinic 7 (Aug 18-20) - Players entering 9th-12th Grades in Fall 2025 **Cost: \$175/Session**

7-A 9:30-11:00am Serve / Serve Receive Clinic
7-B 11:30am-1:00pm Defense Clinic
7-C 2:00-3:30pm Hitting Clinic
7-D 4:00-5:30pm Serve / Serve Receive Clinic

Clinic 8 (August 21-23) - Players entering 7th-10th Grades in Fall 2025 **Cost: \$175/Session**

8-A 9:30-11:00am Setting Clinic
8-B 11:30am-1:00pm Hitting Clinic
8-C 2:00-3:30pm Defense Clinic
8-D 4:00-5:30pm Serve / Serve Receive Clinic

Clinic Descriptions:

Setting Clinic - Gain an understanding of a setter's footwork patterns, handwork, and the different set tempos and placements.

Defense Clinic - Learn principles & keys to defense and 8 types of digs. Learn how to move and respond to different situations.

Serve/Serve Receive Clinic - Learn principles & keys to passing & serving while developing angles & perform multiple types of serves.

Hitting Clinic - Gain an understanding of approach footwork & movement patterns while developing arm swing & shot selection.

Register on-line at www.sivbc.org

Refund Policy: A full refund, minus a \$25 administrative fee, will be issued for emailed cancellations to info@sivbc.org that are received at least 21 calendar days prior to the first day of the camp/clinic.