



# Sudden Impact Volleyball Club

## ~ Summer SKILLS CLINICS 2024 ~

**Website:**  
[www.sivbc.org](http://www.sivbc.org)

**Location:** I-90 Volleyball Center, 13405 SE 30<sup>th</sup> Street, Suite 1-B, Bellevue 98005

Each session includes a total of 4.5 hours of instruction (1.5 hours x 3 days) - space limited to Maximum of 36 Players per session – register for 1 or more sessions. REGISTER EARLY! Players will be divided on 2 courts by skill level. Please contact [greg@sivbc.org](mailto:greg@sivbc.org) if you have questions.

**Clinic 1 (July 8-10) - Players entering 9<sup>th</sup>-12<sup>th</sup> Grades in Fall 2024** Cost: \$160/Session

- 1-A 8:30-10:00am Serve / Serve Receive Clinic
- 1-B 1:00-2:30pm Defense Clinic
- 1-C 5:30-7:00pm Hitting Clinic
- 1-D 7:30-9:00pm Setting Clinic

**Clinic 2 (July 11-13) - Players entering 9<sup>th</sup>-12<sup>th</sup> Grades in Fall 2024** Cost: \$160/Session

- 2-A 9:30-11:00am Serve / Serve Receive Clinic
- 2-B 11:30am-1:00pm Defense Clinic
- 2-C 2:00-3:30pm Hitting Clinic
- 2-D 4:00-5:30pm Serve / Serve Receive Clinic

**Clinic 3 (July 15-17) - Players entering 7<sup>th</sup>-10<sup>th</sup> Grades in Fall 2024** Cost: \$160/Session

- 3-A 9:30am-11:00am Setting Clinic
- 3-B 11:30am-1:00pm Hitting Clinic
- 3-C 2:00-3:30pm Defense Clinic
- 3-D 4:00-5:30pm Serve / Serve Receive Clinic

**Clinic 4 (July 18-20) - Players entering 9<sup>th</sup>-12<sup>th</sup> Grades in Fall 2024** Cost: \$160/Session

- 4-A 9:30am-11:00am Serve / Serve Receive Clinic
- 4-B 11:30am-1:00pm Hitting Clinic
- 4-C 2:00-3:30pm Defense Clinic
- 4-D 4:00-5:30pm Serve / Serve Receive Clinic

**Clinic 5 (August 5-7) - Players entering 7<sup>th</sup>-10<sup>th</sup> Grades in Fall 2024** Cost: \$160/Session

- 5-A 9:30-11:00am Setting Clinic
- 5-B 11:30am-1:00pm Hitting Clinic
- 5-C 2:00-3:30pm Defense Clinic
- 5-D 4:00-5:30pm Serve / Serve Receive Clinic

**Clinic 6 (Aug 12-14) - Players entering 9<sup>th</sup>-12<sup>th</sup> Grades in Fall 2024** Cost: \$160/Session

- 6-A 9:30-11:00am Serve / Serve Receive Clinic
- 6-B 11:30am-1:00pm Defense Clinic
- 6-C 1:30-3:00pm Hitting Clinic

**Clinic 6 (Aug 12-14) - Players entering 7<sup>th</sup>-10<sup>th</sup> Grades in Fall 2024** Cost: \$160/Session

- 6-D 5:30-7:00pm Setting Clinic
- 6-E 7:30-9:00pm Serve / Serve Receive Clinic

**Clinic 7 (Aug 15-17) - Players entering 9<sup>th</sup>-12<sup>th</sup> Grades in Fall 2024** Cost: \$160/Session

7-A 9:30-11:00am Serve / Serve Receive Clinic

7-B 11:30am-1:00pm Defense Clinic

7-C 1:30-3:00pm Hitting Clinic

**Clinic 7 (Aug 15-17) - Players entering 7<sup>th</sup>-10<sup>th</sup> Grades in Fall 2024** Cost: \$160/Session

7-D 5:30-7:00pm Hitting Clinic

7-E 7:30-9:00pm Serve / Serve Receive Clinic

**Clinic 8 (August 19-21) - Players entering 9<sup>th</sup>-12<sup>th</sup> Grades in Fall 2024** Cost: \$160/Session

8-A 9:30-11:00am Serve / Serve Receive Clinic

8-B 11:30am-1:00pm Defense Clinic

8-C 2:00-3:30pm Hitting Clinic

8-D 4:00-5:30pm Serve / Serve Receive Clinic

**Clinic 9 (August 22-24) - Players entering 9<sup>th</sup>-12<sup>th</sup> Grades in Fall 2024** Cost: \$160/Session

9-A 9:30-11:00am Setting Clinic

9-B 11:30am-1:00pm Hitting Clinic

9-C 2:00-3:30pm Defense Clinic

9-D 4:00-5:30pm Serve / Serve Receive Clinic

**Clinic Descriptions:**

**Setting Clinic** - Gain an understanding of a setter's footwork patterns, handwork, and the different set tempos and placements.

**Defense Clinic** - Learn principles & keys to defense and 8 types of digs. Learn how to move and respond to different situations.

**Serve/Serve Receive Clinic** - Learn principles & keys to passing & serving while developing angles & perform multiple types of serves.

**Hitting Clinic** - Gain an understanding of approach footwork & movement patterns while developing arm swing & shot selection.

**Register on-line at [www.sivbc.org](http://www.sivbc.org)**

**Refund Policy:** A full refund, minus a \$25 administrative fee, will be issued for emailed cancellations to [info@sivbc.org](mailto:info@sivbc.org) that are received at least 21 calendar days prior to the first day of the camp/clinic.